



Evening Menu

*David & Anita Welcome you to The Freke Arms
We hope you enjoy your meal*

How to Order

Please find a table and order from the bar. All our meals are freshly cooked to order. Please understand that during busy times there may be a short delay in your food reaching your table. We appreciate your patience.

Note: Some products may contain traces of nuts and nut derivatives.

We hope you enjoy your meal,

Any comments would be greatly appreciated

Evening Menu

Monday to Saturday 06.30 – 09.00pm

Sundays 07.00 – 08.30pm

Starters

Soup of the Day

£ 3.95

Served with a hot crusty roll and butter

Please ask at the Bar for details

Indian spice pakora chicken

£ 4.95

Set on mixed crisp leaf salad, served with mango chutney

Garlic & Parsley Breaded Mushrooms

£ 4.95

Deep fried garlic breaded mushrooms served with

Garlic mayonnaise and fresh salad garnish

Whole King Prawns in a hot and spicy breadcrumb

£ 4.95

*Set on mixed leaf salad and served with lemon chive
mayonnaise*

The Freke Combo for two

£ 8.95

*Cheesy Potato Skins, 2 garlic bread, Onion Rings,
Breaded Mushrooms and Chicken Breast chunks*

Served with Garlic Dip, Barbeque sauce and salad garnish



Main meals

Chicken New Yorker

£ 9.95

*Chicken Breast Fillet topped with red onions, smoked back bacon
And melted mature cheddar cheese, served with a choice of potatoes,
Salad garnish and Barbeque sauce*

Stir Fry Sweet Chilli Beef

£10.95

*Tender strips of beef, pan-fried with red onions, garlic, chilli and spring onions
Finished with sweet chilli sauce, served with long grain rice and garlic bread*

Homemade Chicken Jalfrezi Curry

£ 9.95

*Tender pieces of chicken breast in a medium hot curry sauce with tomatoes,
Onions, red and green peppers, served with long grain rice and naan bread*

Chargrilled pork medallions in a mushroom Dijon cream sauce

£ 9.95

Set on cracked black pepper mash potato served with vegetables of the day

Lamb Shank with Mint & Rosemary Sauce

£10.95

*Braised Lamb Shank slowly cooked on the bone in a delicious sauce of
mint and rosemary served with garlic sauté potatoes and vegetables of the day*

Homemade Steak, Ale, Mushroom and Stilton Pie

£ 9.95

*Diced chunks of prime Steak cooked in a rich mushroom, garlic, onion, stilton and
real ale sauce. Served in a puff pastry case with peas and a choice of potatoes*

Chef's Choice Sausages of the Day

£ 7.95

*Please see Blackboard on the bar for sausage choice of the day.
Served with Chive mashed potato and rich onion gravy*

All prices include VAT at current rate. Items shown are subject to availability.

Main meals

Homemade Battered Cod

£ 8.95

Cod fillet coated in a homemade crispy batter, cooked until golden brown.

Served with a choice of potatoes and salad garnish

Scampi

£ 9.25

Golden deep fried wholetail scampi served with chips and salad garnish

Macaroni and Spring Onion Cheese bake (v)

£ 8.95

Macaroni pasta in a rich cheddar cheese spring onion cream sauce topped with Cheddar cheese, served with garlic bread, and a side salad.

Four Mushroom stroganoff (v)

£ 8.95

Button, brown cap, shiitake and oyster mushrooms cooked

In a creamy brandy and smoked paprika sauce with gherkins, served with long grain rice crispy salad and a crusty baguette

Homemade Beef Lasagne

£ 8.95

Layers of pasta, interleaved with meaty Bolognese sauce, topped with creamy béchamel sauce and grated cheese served with salad and garlic bread

Hand Carved Butchers Ham

£ 7.95

Served with a brace of eggs, a choice of potatoes and salad garnish



Pan fried salmon tail fillet with a smoked salmon hollandaise sauce **£ 8.95**

Served with new potatoes and crisp side salad

Chargrilled 10oz bacon steak topped with tomato and melted cheddar cheese **£ 8.95**

Served with choice of potatoes, peas and side salad

Grills

All grills are served with onion rings, mushrooms, salad garnish and a choice of potatoes.

8oz Rump Steak **£10.95**

8oz Sirloin Steak **£13.95**

8oz Lamb Leg (boneless) Minted Steak **£ 9.95**

8oz boneless chargrilled minted lamb leg steak

12oz Honey Glazed Gammon Steak **£10.95**

Prime cut of gammon served with a brace of eggs or pineapple rings

Chargrilled chicken Breast **£ 9.95**

A boneless chargrilled chicken breast

Cajun Chicken Breast **£ 9.95**

A boneless chicken breast marinated in Cajun spices and a sweet chilli sauce

The Freke Surf & Turf **£13.95**

8oz rump steak with succulent wholetail Scampi

Rump Steak & Chicken Combo **£13.95**

8oz rump steak and 8oz chicken breast fillet

Extra toppings **£1.95**

Choose from:

Pepper sauce, Dianne sauce, Stilton topping.



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Side Orders

<i>Onion Rings</i>	£2.50
<i>Deep Fried Garlic Breaded Mushrooms</i>	£2.95
<i>Chips</i>	£2.25
<i>Cheesy Chips</i>	£2.95
<i>Side Salad</i>	£2.50
<i>Baguette & Butter</i>	£1.95
<i>Garlic Bread</i>	£2.25
<i>Garlic Bread topped with Cheese</i>	£2.75
<i>Vegetables of the Day</i>	£2.50
<i>New Potatoes</i>	£2.50
<i>Jacket Potato</i>	£2.95
<i>Peas</i>	£1.50
<i>Baked Beans</i>	£1.50
<i>Mashed Potato</i>	£2.95

Desserts

Please ask the waiting staff for details of our desserts selection

All desserts **£4.25**

Hot Beverages

<i>Kenco Coffee</i>	£1.40
<i>Kenco Decaffeinated</i>	£1.50
<i>PG Tea</i>	£1.30
<i>Cappuccino</i>	£1.70
<i>Hot Chocolate</i>	£1.70