



# *Evening Menu*

## **How to Order**

Please find a table and order from the bar. All our meals are freshly cooked to order. Please understand that during busy times there may be a short delay in your food reaching your table. We appreciate your patience.

We hope you enjoy your meal,

Any comments would be greatly appreciated

## **Evening Menu**

Monday to Saturday      06.00 - 09.00pm

Sundays                  Closed

## **DAILY SPECIALS**

PLEASE SEE OUR BLACKBOARDS FOR THE DAILY SPECIALS AND FRESH SALAD SELECTION

## To start

**Prawn cocktail** £4.95

North Atlantic prawns set on mixed leaf salad, with our own homemade Marie rose sauce, lemon wedge and a warm half baguette.

**Grilled goats cheese** £4.95

Creamy goats cheese topped with sweet red onion chutney, set on mixed leaf salad and toasted garlic croutons.

**Chagrilled Chicken Tikka Skewers** £4.95

with a mango and sweet chilli dip

**The Freke Arms combo for two** £8.95

Cheesy potato skins, 2 garlic bread, onion rings, breaded garlic mushrooms, crispy chicken battered chunks, served with mayo dip & barbeque sauce.

**Soup of the day** £3.95

Served with a warm half baguette

Last order for starter 08:45pm

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## Freke Arms grills

**8 oz Rump steak** £10.95

**8 oz Sirloin steak** £13.95

**8 oz Boneless lamb leg steak** £10.95

**12 oz Gammon steak** £10.95

**Chargrilled chicken breast** £9.95

**Chargrilled Cajun spiced chicken breast** £10.95

**The Freke Arms Surf & Turf** £13.95

8 oz rump steak & whole tail scampi

**The Freke Arms Rump and chicken Combo** £13.95

8 oz rump steak & chicken breast fillet

**Extra toppings** £ 1.95

Choose from:

Creamy cracked Black pepper sauce,

Dianne sauce

Grilled Stilton topping

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## Main course

<b>Pork loin medallions</b>	<b>£10.95</b>
Set on creamy horseradish mashed potato with a homemade apricot, apple and sage compote with fresh buttered vegetables	
<b>Welsh sliced lamb's liver and back bacon</b>	<b>£ 9.95</b>
with sauté new potatoes, spring onions and a rich red wine jus served with garden peas	
<b>Chargrilled tuna steak fillet</b>	<b>£10.95</b>
with pan fried baby corn cobs, sweet sugar snap peas, cherry tomatoes and mixed leaf salad drizzled with chilli olive oil and balsamic vinegar	
<b>Homemade broccoli cheese bake (V)</b>	<b>£ 8.95</b>
in a rich cheese sauce topped with sauté potatoes and melted cheddar cheese served with a warm baguette and salad garnish	
<b>Homemade beef, ale and wild mushroom pie</b>	<b>£ 9.95</b>
Diced chunks of prime steak cooked in Arkell's 3Bs ale with onions, mixed herbs, garlic, and wild mushrooms served in a puff pastry case with peas and a choice of potatoes	
<b>Homemade Thai green chicken curry</b>	<b>£10.95</b>
Fresh diced chicken breast fillet with coconut milk, red pepper, lemon grass, chilli, and red onions served with long grain rice and naan bread	
<b>Chicken New Yorker</b>	<b>£ 9.95</b>
Chicken breast fillet topped with red onions, smoked back bacon and melted mature cheddar cheese served with a choice of potatoes; salad garnish and BBQ sauce	
<b>Hand carved butchers ham</b>	<b>£ 8.95</b>
Served with a brace of eggs, salad garnish and a choice of potatoes	
<b>Homemade battered cod fillet</b>	<b>£ 9.50</b>
Skinless cod fillet coated in our homemade batter, cooked until crispy golden brown, served with chips and peas	
<b>Wholetail scampi</b>	<b>£ 9.50</b>
Deep fried breaded wholetail scampi served with chips and peas	
<b>Homemade beef lasagne</b>	<b>£ 9.50</b>
Layers of pasta interleaved with our secret meaty Bolognese sauce topped with creamy béchamel sauce and mature cheddar cheese served with garlic herb bread and salad garnish	

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Some of our dishes may contain nuts, if you are allergic to any foods please inform your waiter prior to ordering. All weights are approximated before cooking. All dishes are subject to seasonal changes.

All prices are inclusive of VAT at the current rate.

## On the side

Garlic bread	£2.95
Garlic bread with cheese	£3.50
Battered onion rings	£2.95
Garlic breaded mushrooms	£2.95
Chips	£2.95
Cheesy chips	£3.50
Peas	£1.95
Vegetables of the day	£2.95
Creamy mash potato	£2.95
Jacket Potato	£2.95
Baguette & butter	£2.50

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## Desserts and Hot Beverages

Please refer to the desserts and hot beverages menu located on your table and place your order with the waiting staff

Last order for desserts 09:30 pm

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### **THE FREKE ARMS**

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[www.frekearms.co.uk](http://www.frekearms.co.uk)