



# *Evening Menu*

*David & Anita Welcome you to The Freke Arms  
We hope you enjoy your meal*

## *How to Order*

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*Please find a table and order from the bar. All our meals are freshly cooked to order. Please understand that during busy times there may be a short delay in your food reaching your table. We appreciate your patience.*

*Note: Some products may contain traces of nuts and nut derivatives.*

*We hope you enjoy your meal,  
Any comments would be greatly appreciated*

## *Evening Menu*

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*Monday to Saturday 06.00 – 09.00pm*

*Sundays Closed*

## ***Starters***

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### ***Soup of the Day***

**£ 3.95**

Served with a hot crusty roll and butter

Please ask at the Bar for details

### ***Prawn Cocktail***

**£ 4.95**

North Atlantic Prawns set on mixed leaf salad, with Homemade Marie Rose Sauce, Lemon and warm half baguette

### ***Herb crusted Camembert Cheese***

**£ 4.50**

Deep fried herb crusted camembert cheese set on dressed mixed leaves salad served with homemade sweet red onion compote

### ***Cajun Spiced Breaded Chicken Goujons***

**£ 4.95**

Chicken breast strips in a Cajun spiced breadcrumb, deep fried served with mixed leaves and a Thai Sweet Chilli Sauce

### ***The Freke Combo for two***

**£ 8.95**

Cheesy Potato skins, 2 garlic bread, Onion Rings, Breaded Garlic Mushrooms and Chicken Breast chunks Served with Mayo Dip, Barbeque sauce and salad garnish



## ***Freke Arms Favourites***

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### ***Chicken New Yorker***

**£ 9.95**

Chicken Breast Fillet topped with red onions, smoked back bacon and melted mature cheddar cheese, served with a choice of potatoes, Salad garnish and Barbeque sauce

### ***Steak, Guinness smoked bacon and mushroom Pie***

**£ 9.95**

Diced chunks of prime Steak cooked in Guinness, smoked bacon, mushroom, garlic and onion sauce. Served in a puff pastry case with peas and a choice of potatoes

### ***Hand Carved Butchers Ham***

**£ 8.50**

Served with a brace of eggs, a choice of potatoes and salad garnish

### ***Homemade Battered Cod***

**£ 8.95**

Cod fillet coated in a homemade crispy batter, cooked until golden brown. Served with a choice of potatoes and salad garnish

### ***Scampi***

**£ 9.25**

Golden deep fried wholetail scampi served with chips and salad garnish

### ***Homemade Beef Lasagne***

**£ 8.95**

Layers of pasta, interleaved with meaty Bolognese sauce, topped with creamy béchamel sauce and grated cheese served with salad and garlic bread

### ***Lamb Shank with Red Wine & Rosemary Sauce***

**£11.95**

Braised Lamb Shank slowly cooked on the bone in a delicious sauce of red wine and rosemary served with sauté potatoes and vegetables of the day

### ***Homemade Chicken Rogan Josh Curry***

**£ 9.95**

Tender pieces of chicken breast in a medium spiced hot curry sauce with tomatoes, Red onions, coriander, served with long grain rice and naan bread

***All prices include VAT at current rate. Items shown are subject to availability.***



## ***Main meals***

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### ***Lambs Liver & Bacon***

**£10.95**

Sliced panfried lambs liver, back bacon set on a bed of creamy mash potato with a rich red wine and onion gravy served with garden peas

### ***Tuna Steak Supreme***

**£ 9.95**

Chargrilled tuna steak set on a bed of Paella, with prawns, chicken, mussels, chorizo, peppers and calamari Drizzled with a sweet Thai chilli sauce served with side salad

### ***Panfried Pork Loin Steak***

**£10.50**

Pork loin steak set on sage and spring onion mash potato with stilton, apple and cider cream sauce served with fresh vegetables of the day

### ***Spinach and Ricotta Cannelloni (v)***

**£ 8.95**

Cannelloni pasta filled with fresh spinach and creamy ricotta cheese topped with white mature cheddar Béchamel sauce, oven baked and served with salad and garlic bread

### ***Homemade Vegetable Rogan Josh Curry***

**£ 9.95**

Broccoli, carrots, cauliflower, green beans and button mushrooms cooked in a medium spiced hot curry sauce with tomatoes, Red onions, coriander, served with long grain rice and naan bread

### ***Stir Fry Sweet & Sour Chilli Pork***

**£10.95**

Tender strips of pork, pan-fried with peppers, red onions, garlic, spring onions and chilli Cooked in a homemade sweet and sour sauce, served with long grain rice and garlic bread



## ***Grills***

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*All grills are served with onion rings, mushrooms, salad garnish and a choice of potatoes.*

***8oz Rump Steak*** **£10.95**

***8oz Sirloin Steak*** **£13.95**

***8oz Lamb Leg (boneless) Steak*** **£10.95**

8oz boneless chargrilled minted lamb leg steak

***12oz Honey Glazed Gammon Steak*** **£10.95**

Prime cut of gammon served with a brace of eggs or pineapple rings

***Chargrilled chicken Breast*** **£ 9.95**

A boneless chargrilled chicken breast

***Cajun Chicken Breast*** **£ 9.95**

A boneless chicken breast marinated in Cajun spices and a sweet chilli sauce

***The Freke Surf & Turf*** **£13.95**

8oz rump steak with succulent wholetail Scampi

***Rump Steak & Chicken Combo*** **£13.95**

8oz rump steak and 8oz chicken breast fillet

***Extra toppings*** **£ 1.95**

*Choose from:*

*Creamy cracked Black pepper sauce,*

*Mushroom garlic and wholegrain mustard sauce,*

*Creamy Stilton and spring onion sauce.*

*All prices include VAT at current rate. Items shown are subject to availability. Weights shown are approximate and before cooking.*

## *Side Orders*

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Onion Rings	£2.95
Deep Fried Garlic Breaded Mushrooms	£2.95
Chips	£2.50
Cheesy Chips	£2.95
Side Salad	£2.50
Baguette & Butter	£2.25
Garlic Bread	£2.50
Garlic Bread topped with Cheese	£2.95
Vegetables of the Day	£2.95
New Potatoes	£2.50
Jacket Potato	£2.95
Peas	£1.95
Baked Beans	£1.95
Mashed Potato	£2.95

## *Desserts*

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Please ask the waiting staff for details of our desserts selection

All desserts	£4.50
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## *Hot Beverages*

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Kenco Coffee	£1.60
Kenco Decaffeinated	£1.60
PG Tea	£1.50
Cappuccino	£1.90
Latté	£1.90
Hot Chocolate	£1.90

